

Newsletter

SECOND QUARTER 2020



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Revision of contribution increase

LETTER FROM THE PRINCIPAL OFFICER

The Scheme's Trustees, together with its actuaries, revised the contributions on both the Imperial Motus Med Health and Budget Plans for implementation on 1 July 2020 pending approval by the Council for Medical Schemes.

However, due to the COVID-19 pandemic and the national lockdown and the major impact it has had on all employers and members, the Board of Trustees reviewed the implementation date of the contribution increases in order to provide some relief to employers and members by postponing the contribution increase for Imperial Motus Med to 1 January 2021 and NOT to implement the increases on 1 July 2020.

The Scheme submitted a request to the Council for Medical Schemes to postpone the contribution increases to 1 January 2021 and is awaiting feedback and possible approval from the Registrar. Should the Scheme's request be approved by the Registrar, your current contribution will be payable from July to December 2020.

Should the Scheme's request not be approved by the Registrar, you will receive further communication in this regard.

Yours faithfully
Johan van der Walt
Principal Officer
Imperial Motus Med

Your Scheme's new name

By now all members would have received various communications via SMS, email or in the post regarding the name change of Imperial Group Medical Scheme (Imperialmed) to Imperial and Motus Medical Aid (Imperial Motus Med) with effect from 1 April 2020.

Due to the national lockdown imposed by the Government, you can expect to receive your NEW membership card once the lockdown has been lifted and services return to normal.

Please take note of the following:

- Your membership number does not change.
- Your benefits remain unchanged.
- You can keep using your current membership card until you receive your new card.



CMScript 1 of 2020: Coronavirus (COVID-19)

Coronaviruses are a large family of viruses that are common in many different species of animals, including camels, cattle, cats and bats. These viruses cause illness ranging from the common cold to more severe diseases, such as bronchitis, pneumonia and respiratory and multi-organ failure.

Coronaviruses have also been responsible for previous epidemics, including severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS). These viruses were originally transmitted between animals and people. In the case of SARS, viruses were transmitted from civet cats to humans, while in MERS, the infection travelled to humans from a type of camel. In the case of COVID-19, scientists have pointed to infected animal species, including pangolins and bats as the original source of the virus. While it is suspected that the initial COVID-19 epidemic started through animal-to-human transmission, the current epidemic is being fuelled by human-to-human transmission.



How is the virus spread?

Coronaviruses are spread through aerosol droplets, which are expelled when an infected individual coughs or sneezes within a range of about 1.8 m. These droplets can contaminate surfaces like door handles or railings. Although coronavirus droplets only stay suspended in the air for a short time, they may remain contagious on surfaces for a few hours.

It has also been suggested that COVID-19 may be spread through the faecal-oral route (contact with faeces from an infected person) and via air-conditioning ducts.

Of concern is the fact that COVID-19 is being transmitted by individuals who are asymptomatic (show no symptoms) of the infection.

WASH YOUR
HANDS

SOCIAL
DISTANCING

STAY
AT HOME

To read the full article, visit the Council for Medical Schemes website:

[https://www.medicalschemes.com/
Publications.aspx](https://www.medicalschemes.com/Publications.aspx)

Stay safe while exercising during lockdown

While the Government is in the process of relaxing lockdown regulations, the South African Police Service would like to encourage the public to remain vigilant and alert at all times when exercising.

- Pay attention to your surroundings; don't be distracted by your phone.
- Exercise in familiar areas and avoid secluded places.
- Changing up your route and training time makes it difficult for any would-be criminal to anticipate your movements.
- Carry your cell phone, if possible, so that you are able to call for help in case of an emergency.
- Ensure someone you trust knows that you are headed out for a run or cycle, has an idea of the route you plan to take and when you should be returning.
- If you have children with you, keep a close eye on them and teach them about stranger danger.
- Wear reflective clothing to make sure you are visible.
- It is always better to walk, run or cycle with a friend.
- Ensure you maintain the correct social distance at all times and wear a mask.

Source: <https://sandtonchronicle.co.za/276412/stay-safe-while-exercising-during-the-lockdown/>



IMPORTANT CONTACT DETAILS

For administration queries, you may call the following numbers during office hours from 08:00 to 16:30, from Monday to Friday. Alternatively, send us a letter or email or visit our website. In an emergency, call Europ Assistance at any time of the day, seven days a week.

CLAIMS ENQUIRIES, MEMBERSHIP CONFIRMATIONS AND REGISTRATIONS

Tel: 0860 467 374 Fax: 0860 111 788
Email: enquiries@imperialmotusmed.co.za

MANAGED CARE SERVICES – HOSPITAL PRE-AUTHORISATION AND ONCOLOGY BENEFIT MANAGEMENT PROGRAMME

HOSPITAL PRE-AUTHORISATION
Tel: 0860 467 374 Fax: 0861 888 113
Email: hmr@imperialmotusmed.co.za

ONCOLOGY
Tel: 0860 467 374 Fax: 0861 222 552
Email: oncology@imperialmotusmed.co.za

CHRONIC MEDICATION AND MEDICAL MANAGEMENT
Tel: 0860 467 374 Fax: 0860 111 788
Email: chronic@imperialmotusmed.co.za

EUROP ASSISTANCE EMERGENCY SERVICES
Tel: 0861 RESCUE (0861 737 283)

MEMBER CARE LINE – MEDI CALL
Toll free: 0860 105 221 Fax: 0866 889 411
Email: imperialmotusmed@medicall.co.za

CEDAR HEALTHCARE CONSULTANTS
Tel: 011 509 3158

HIV YOURLIFE PROGRAMME
TEL: 0860 109 793 FAX: 012 675 3848
Email: hiv@momentum.co.za

CONTRIBUTIONS
Contact your company's payroll/human resources department

THE SCHEME'S WEBSITE
www.imperialmotusmed.co.za

MEMBER SUGGESTION EMAIL BOX
Email: suggestions@imperialmotusmed.co.za

FRAUD HOTLINE
TEL: 0800 000 436

COUNCIL FOR MEDICAL SCHEMES – COMPLAINTS
Tel: 0861 123 267 Fax: 012 431 0608
Email: complaints@medicalschemes.com

DENTAL AUTHORISATION
Tel: 0860 467 374
Email: dentalauth@momentum.co.za

IMPERIAL MOTUS MED POSTAL ADDRESS
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