

# Newsletter

THIRD QUARTER 2024



## LETTER FROM THE PRINCIPAL OFFICER

I trust that you and your family have been experiencing good health in 2024 and we all look forward to the upcoming spring and summer months.

South African consumers are faced with increasing cost pressures over a wide range of services and therefore Imperial Motus Med continues to explore ways to ensure that it remains sustainable and offers good value for money. In this regard, I can confirm that the Scheme saved members out-of-pocket expenses of approximately R21 million year to date by implementing the General Benefit Limit on 1 January 2024 to cover co-payments and shortfalls.

The Board of Trustees, together with Scheme Management and the Actuaries of the Scheme, reviewed the benefits of Imperial Motus Med and will be submitting proposed changes for the 2025 benefit year to the Council for Medical Schemes by the end of September 2024.

We will communicate the benefit amendments that will be effective from 1 January 2025 to you once we have received approval from the Council for Medical Schemes.

Yours faithfully

**Fred Meier**  
Principal Officer  
Imperial and Motus Medical Aid

### IN THIS ISSUE:

What to do when diagnosed with a chronic condition

CMScrypt 4/2024: Focus on burns

Remaining claims payment run dates for 2024

Important contact details

# What to do when you are diagnosed with a chronic condition

**Should you or one of your dependants be diagnosed with a chronic condition, you or your treating doctor should contact Imperial Motus Med immediately on 0860 467 374.**

To ensure your chronic medication is paid from the chronic medication benefit, you need to apply for the registration of your chronic condition with the Scheme.

The Scheme covers a specific list of chronic conditions, including 26 chronic disease list (CDL) prescribed minimum benefit (PMB) conditions, which must, by law, be covered on all medical scheme benefit plans.

Your application for chronic medication benefits will be reviewed subject to the Scheme's chronic medication benefit protocols and formularies. If approved, your CDL medication will be paid from your available annual chronic medication benefit limit. Should your chronic medication benefit limit be depleted, the Scheme will continue to cover the 26 CDL conditions as PMBs from the insured benefit.

If you do not register your CDL chronic condition with the Scheme, your medicine and treatment claims will be paid from your normal day-to-day benefit limits, which will leave you with fewer benefits for your day-to-day claims.

Below is a list of the 26 CDL chronic conditions the Scheme will cover on both the Imperial Motus Med Health Plan and the Imperial Motus Med Budget Plan.

## 26 CDL conditions

If you are registered for one or more of the 26 CDL conditions below, Imperial Motus Med not only covers your medication for the condition, but also specific doctors' consultations and tests related to your condition. The Scheme may have specific protocols and medicine formularies in place to manage these benefits, as per PMB legislation.

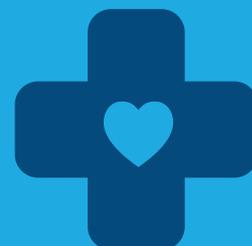
Addison's disease	Crohn's disease	Hypertension
Asthma	Diabetes insipidus	Hypothyroidism
Bipolar mood disorder	Diabetes mellitus types I and II	Multiple sclerosis (MS)
Bronchiectasis	Dysrhythmias	Parkinson's disease
Cardiac failure	Epilepsy	Rheumatoid arthritis (RA)
Cardiomyopathy	Glaucoma	Schizophrenia
Chronic obstructive pulmonary disease (COPD)	Haemophilia	Systemic lupus erythematosus (SLE)
Chronic renal disease	HIV	Ulcerative colitis
Coronary artery disease (CAD)	Hyperlipidaemia	

Should your annual chronic medication benefit limit be depleted, your medication for any of the above 26 CDL chronic conditions will continue to be covered.

In addition to the above 26 CDL chronic conditions, Imperial Motus Med also covers the additional 47 chronic conditions listed below on the Imperial Motus Med **Health Plan** from your chronic medication benefit limit. However, chronic medication for the 47 additional chronic conditions below will only be paid up to the chronic medication benefit limit, after which you will be responsible for payment of these claims. Should you have any of these chronic conditions, you need to register them with the Scheme for your medication to be paid from the correct benefit limit.

## 47 additional chronic conditions covered on the Imperial Motus Med Health Plan

Acne (severe)	Attention deficit hyperactivity disorder (ADHD)	Depression
Allergic rhinitis	Benign prostatic hyperplasia	Dermatomyositis
Alzheimer's disease	Cardiac arrhythmia	Eating disorders
Ankylosing spondylitis	Cushing's disease	Eczema (severe)
Aplastic anaemia	Cystic fibrosis	Endometriosis



## 47 additional chronic conditions covered on the Imperial Motus Med Health Plan (continued)

Embolism and thrombosis  
Glomerular disease  
Hyperthyroidism  
Hypoparathyroidism  
Menopause (HRT)  
Motor neuron disease  
Myasthenia gravis  
Narcolepsy  
Obsessive compulsive disorder  
Osteoporosis  
Paget's disease

Pancreatitis  
Paraplegia  
Pemphigus  
Pituitary adenoma  
Polycystic ovarian syndrome  
Psoriasis  
Pulmonary hypertension  
Pulmonary interstitial fibrosis  
Reflux disease  
Quadriplegia  
Sarcoidosis

Scleroderma  
Sjögren's syndrome  
Stoma therapy appliances  
Stroke (cerebrovascular accident)  
Systemic sclerosis  
Thromboangiitis obliterans (TAO)  
Thrombocytopenic purpura (ITP)  
Tuberculosis  
Valvular heart disease  
Venous thromboembolism



On the Imperial Motus Med **Budget Plan**, medication for the above 47 additional chronic conditions **will only be paid by the Scheme if treatment for your chronic condition is covered under PMBs**. This means that if you receive treatment for a chronic condition that has not been registered as a CDL PMB condition with the Scheme, the Scheme will not fund your medication for this condition. You need to register your additional chronic condition with the Scheme if your diagnosis is for a PMB condition to ensure your medication is paid from the chronic medication benefit.

For more information, call us on 0860 467 374.

## CMScript 4/2024: Focus on burns

Types of burns can range from minor to severe and are classified based on their severity:

- **Superficial or first-degree burns** – affect only the epidermis (outer layer of the skin). They cause pain, redness, and swelling, but heal within a few days without scarring.
- **Partial thickness or second-degree burns** – affect both the epidermis and the dermis (middle layer of the skin). These burns cause blistering, severe pain, redness, and swelling. Healing may take several weeks, and scarring may occur.
- **Full thickness or third-degree burns** – are the most severe and involve damage to all layers of the skin, that is the epidermis, dermis, and hypodermis (bottom or fatty layer of the skin). They are often not painful due to nerve destruction.



- **Fourth-degree burns** – involve injury to deeper tissues, such as muscle or bone. They are often blackened and may lead to loss of the burned part. How is the extent of burns determined? The extent of burns is expressed as the percentage of total body surface area (%TBSA) involved. The following methods are available to estimate the percentage of TBSA% burned:
  - **Rule of nines** – the head and neck represent 9%, each arm is 9%, the anterior chest and abdomen are 18%, the posterior chest and back are 18%, each leg is 18%, and the perineum is 1%. For children, the head is 18%, and the legs are 13.5% each.
  - **Lund and Browder Chart** – is considered more relevant for children, where each arm is 10%, the anterior trunk and posterior trunk are each 13%, and the percentage calculated for the head and legs varies based on the patient's age.

The clinical information furnished in this article is intended for information purposes only and professional medical advice must be sought in all instances where you believe that you may be suffering from a medical condition. The Council for Medical Schemes is not liable for any prejudice in the event of any person choosing to act or rely solely on any information published in CMScript without having sought the necessary professional medical advice. The Communications Unit would like to thank the Clinical Unit for assisting with this edition of CMScript.



You can read more on the Council for Medical Schemes website at [www.medicalschemes.com](http://www.medicalschemes.com); go to 'Publications' and then to 'CMScripts' where you will find CMScript 4.

## Remaining claims payment run dates 2024

Imperial Motus Med proposed claims payment run dates 2024		
Month	Day	Day
August	15 August 2024	29 August 2024
September	12 September 2024	26 September 2024
October	17 October 2024	31 October 2024
November	14 November 2024	28 November 2024
December	12 December 2024	19 December 2024

## Important contact details

For administration queries, you may call the following numbers during office hours from 08:00 to 16:30, from Monday to Friday. Alternatively, send us a letter or email or visit our website.

In an emergency, call Europ Assistance at any time of the day, seven days a week.

### CLAIMS ENQUIRIES, MEMBERSHIP CONFIRMATION AND REGISTRATION

Tel: 0860 467 374  
 Fax: 0860 111 788  
 Email: [enquiries@imperialmotusmed.co.za](mailto:enquiries@imperialmotusmed.co.za)

### HOSPITAL PRE-AUTHORISATIONS AND ONCOLOGY MANAGEMENT PROGRAMME

**HOSPITAL PRE-AUTHORISATION**  
 Tel: 0860 467 374  
 Fax: 0861 888 113  
 Email: [hrm@imperialmotusmed.co.za](mailto:hrm@imperialmotusmed.co.za)

**ONCOLOGY**  
 Tel: 0860 467 374  
 Fax: 0861 222 552  
 Email: [oncology@imperialmotusmed.co.za](mailto:oncology@imperialmotusmed.co.za)

**MEDICINE RISK MANAGEMENT PROGRAMME (chronic medication and medical management)**  
 Tel: 0860 467 374  
 Fax: 0860 111 788  
 Email: [chronic@imperialmotusmed.co.za](mailto:chronic@imperialmotusmed.co.za)

**EUROP ASSISTANCE 24-HOUR EMERGENCY SERVICES AND 24-HOUR PERSONAL HEALTH ADVISER**  
 Tel: 0861 Rescue (0861 737 283)

**MEMBER CARE LINE – MEDI CALL**  
 Tel: 0860 105 221  
 Email: [imperialmotusmed@medicall.co.za](mailto:imperialmotusmed@medicall.co.za)  
 Website: [www.medicall.co.za](http://www.medicall.co.za)

**CEDAR HEALTHCARE**  
 Tel: 0860 105 221  
 Email: [cedar@medicall.co.za](mailto:cedar@medicall.co.za)  
 Website: [www.cedarhc.co.za](http://www.cedarhc.co.za)

**HIV YOURLIFE PROGRAMME**  
 Tel: 0860 109 793  
 Fax: 012 675 3848  
 Postal address: HIV YourLife Programme, Imperial Motus Med, PO Box 15468, Vlaeberg 8018  
 Email: [hiv@momentum.co.za](mailto:hiv@momentum.co.za)

**DENTAL AUTHORISATION**  
 Tel: 0860 467 374  
 Email: [dentalauth@momentum.co.za](mailto:dentalauth@momentum.co.za)

**CONTRIBUTION ENQUIRIES**  
 Contact your company's payroll/HR department

**THE ADMINISTRATOR'S WEBSITE**  
[www.momentum.co.za](http://www.momentum.co.za)

**MEMBER SUGGESTION EMAIL BOX**  
[suggestions@imperialmotusmed.co.za](mailto:suggestions@imperialmotusmed.co.za)

**FRAUD HOTLINE**  
 Tel: 0800 000 436

**IMPERIAL MOTUS MED**  
 Postal address: PO Box 2287, Bellville 7535

**THE SCHEME'S WEBSITE**  
[www.imperialmotusmed.co.za](http://www.imperialmotusmed.co.za)

**COUNCIL FOR MEDICAL SCHEMES – COMPLAINTS DEPARTMENT**  
 Tel: 0861 123 267  
 Fax: 012 431 0608  
 Email: [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com)